### **REACHING OUT**

I made it into this program because someone else worked their Twelfth Step on me. Someone passed it on to me. Someone was out there after they got clean and sober, caring about others. I need to never, ever forget that. Had they simply gone on with their lives and forgotten about people like me who were still out there using and suffering, I wouldn't be here today. My gratitude begins with that fact. It is with that gratitude in mind that I reach out to others, especially the newcomers. I need to have them in my life. That is where my spirituality begins. For me, spirituality comes from caring about others. I have found that the more I focus on improving the quality of the lives of others, the less I am into myself and my will. I feel a freedom and peace from within. The gifts I am beginning to receive in my life are greater than I could have ever imagined. Something else I have done is that I have forgiven myself. I have forgiven myself for being an addict. I have forgiven myself for all the damage I did to my life, to my physical health, and to my career and finances. But most of all, I have forgiven myself for all of the horrible, negative and unloving things I have felt about myself. It was not until I offered and accepted my own forgiveness, that I was truly able to grow in my sobriety.

#### **PHONE NUMBERS**

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#### Massachusetts Area of Cocaine Anonymous Area Business Meeting

Held on 2<sup>nd</sup> Sunday of January, March, May, July, September., and November at 6:00pm via Zoom (Meeting ID: 898-157-0879 PW: drew)

#### All Are Welcome!

*Permission is hereby granted to reproduce, photocopy, and distribute this Meeting List in furtherance of Tradition 5.* 



### **Cocaine Anonymous**

Massachusetts, New Hampshire, Maine, Vermont, and Rhode Island Meetings



# HELPLINE 617-807-0979 WEBSITE <u>www.caofma.org</u>

### EMAIL info@caofma.org

Massachusetts Area of Cocaine Anonymous P.O. Box 391456 Cambridge, MA 02139-0015

We're here and we're free!

July 2023

### **Massachusetts Meetings**

#### Sunday 7:30 - 8:45 PM Any Lengths

Big Book Topic, Speaker, Discussion - Open to all First Baptist Church - Alden Hall Door #5 100 Winter Street, Norwood, MA 02062

#### **Tuesday 6:30 - 7:30 PM Andover Coc-A-Nuts** Big Book Topic, Speaker, Discussion - Open to all Unitarian Universalist Church 6 Locke St, Andover, MA 01810

#### Tuesday 7:30 - 8:30 PM No Matter What - Hybrid

Big Book, 12 Step, Discussion - Open to all CHA Cambridge Hospital - Macht Building 1st Floor, Room 143 1493 Cambridge St, Cambridge, MA 02139 (Zoom Meeting ID and PW on the website)

#### Friday 7:00 - 8:15 PM Freedom to Choose - Hybrid

Big Book, Speaker, Discussion - Open to all CHA Cambridge Hospital - Macht Building 2nd Floor, Auditorium 1493 Cambridge St, Cambridge, MA 02139 (Zoom Meeting ID and PW on the website)

Note: If you arrive more than 10 minutes late to Macht Building for the Tuesday and Friday night meetings, please ask the security staff at the CHA Hospital ER entrance to let you in.

### **New Hampshire Meetings**

#### Friday 7:30 - 8:30 PM Weigh Out 12 Step, Speaker, Discussion - Open to all Dover Baptist Church 151 Washington St, Dover, NH 03820

# **Maine Meetings**

### Monday 6:00 - 7:00 PM

Portland Recovery Community Center 102 Bishop St Portland, ME 04103 (call for details: 207-553-2575)

### **Vermont Meetings**

n/a

### **Rhode Island Meetings**

n/a

# Preamble

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances and to help others achieve the same freedom.

# **H&I Commitments**

Hospitals and Institutions always need volunteer speakers! Please go to our website at <u>www.caofma.org</u> for a current list of all CA H&I commitments. Requirements are 3 months sober to speak and 6 months sober to chair. Just show up or contact our H&I Chairperson via the helpline at 617-807-0979 or email at <u>info@caofma.org</u>. All are welcome to attend!

#### Current H&I Commitments are as follows:

- 1st Monday of every month 7-8pm to Mattapan Transitions at 201 River Street, Mattapan, MA 02126
- 2nd Monday of every month 7-8pm to Spectrum-Project Turnabout at 861 Main St, Weymouth, MA 02190
- 4th Tuesday of every month
  6:30-7:30pm at CHA Cambridge Hospital
  Cahill Unit at 1493 Cambridge St,
  Cambridge, MA 02139
- 2nd & 4th Wednesday of every month
  7-8pm to the Barbara McInnis House is hybrid on Zoom (ask for link) and in person at 780 Albany St, Boston, MA 02118
- 4th Wednesday of every month
  7:15-8:30pm to Bedrock Recovery Center at 1 Meadowbrook Way, Canton, MA
   02021

**Massachusetts Area of Cocaine Anonymous, Inc.** All information is accurate as of the publication date of this list – CALL HELPLINE or VISIT WEBSITE for up-to-date meeting information.

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